

RACE PROGRAMME

The **BINFIELD** **10K**



Sunday 19th May 2024
Race starts at 10am

www.binfield10k.co.uk

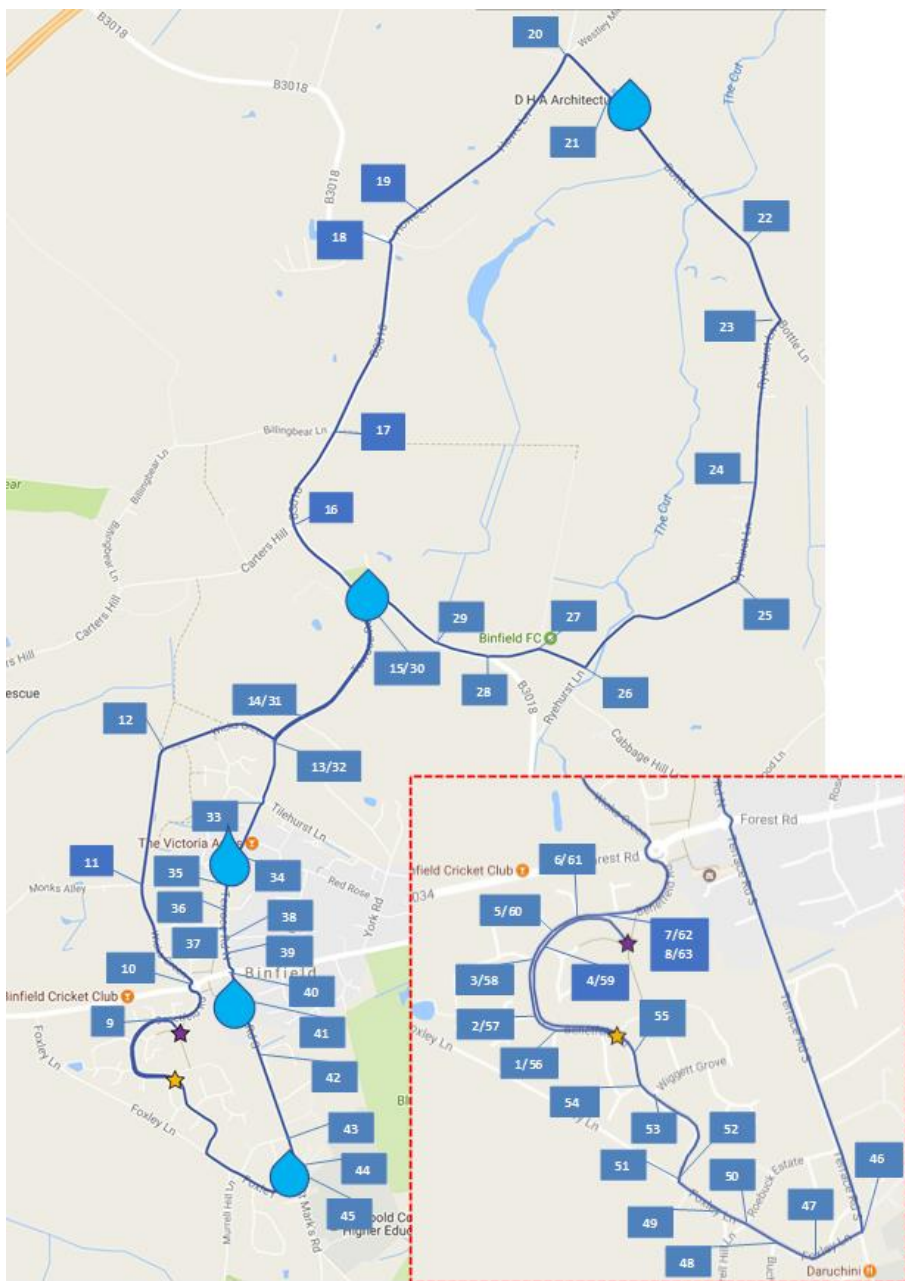
#runBinfield #Binfield10k

Big thank you to our sponsors:



The **BINFIELD** 10K

Race Route and Marshal Points



Greetings from your Race Team and welcome to the 7th Binfield 10k!



Welcome back to our 7th Binfield 10K. We are so proud of the success of the previous Binfield 10k events and we are pleased to be back this year for an even more amazing event! We have 900 runners signed up to run, 70 marshals lined up to cheer you on and volunteers from all over the community to take part either with water stations or on the field. We have everything in place for another fantastic day – bring along your friends and family to cheer you on!

This year's profits will be split between Thames Hospice and all of the community groups that make the event run smoothly, so everyone enjoys the benefits.

Good Luck to all our runners / joggers / walkers - we hope you achieve your running targets and hope that you enjoy the race!

Alex Bartlam (Race Director), Ally Wickham, Kirsty Sizeland, David Legg, Grant Wilson, Claire Murphy, Heli Braver, James Foster, Claire Pascoe, Julie Nixon

Timetable	
8.00am	Registration opens
8.00am	Information point / bag drop opens
9.40am	Race warm up
9.50am	Runners assemble at start
10.00am	The Binfield 10k race starts
11.15am	Presentations / Prize giving
12noon	Race officially ends

Notes for Competitors:

Thank you so much for entering the Binfield 10k! Here is a reminder of some of the key points of the event:

1. **Registration:** open from 8am at Foxley Fields. Please visit the registration desk to collect your race number. **YOU MUST COLLECT AND SIGN FOR YOUR OWN NUMBER - you cannot collect for other people.**
2. **Baggage Area:** you will be able to leave your bags at the Bag drop from 8am. This will be located at the back of the Parish Office.
3. **Parking/Cycling:** Please cycle if you can and use the free secure bike park on the tennis courts by the race start – thank you to Binfield Tennis Association. There is no parking at the Race start/finish or along the route. Please park in Newbold College or Murrell Hill and walk through Roebuck/Foxley Lane and into Benetfeld Road. There is also parking at Oakmede shops and King’s Academy.
4. **Toilets:** the toilets are within the school grounds. There will be a disabled toilet which will be clearly sign posted in the Parish Office.
5. **Water stations:** at 3km, 6km and 7km points. There is also a water station at The Victoria Arms and Newbold Church which are both good spectator points!
6. **Lead Car/Bike:** There will be a car at the front leading the way and many thanks to Lee Dalton for being our lead cyclist.
7. **Chip timing:** results will be on our website and there will be an online certificate which you can print out and keep as a record of your achievement binfield10k.co.uk/results
8. **First Aid:** provided by Berkshire Lowlands Search and Rescue. If any issues crop up during the race itself please contact the nearest Marshal.
9. **Field Activities:** We have a bouncy castle for the kids
10. **At the end:** After you have finished the race, you will be awarded your medal – please rehydrate and grab a banana and/or cereal bar.
11. **Catering:** A BBQ will be available on Foxley Fields (thank you to All Saints’ with St Mark’s Churches), so please feel free to stay and enjoy watching everyone else finish! Don’t forget to visit in the Foxes’ Den to try the delicious tea, coffee and cakes! They will also be serving ice creams and alcoholic beverages
12. **When you leave:** Please note the roads surrounding the finish zone will NOT be closed, please take care when leaving the area

Please note: We ask you not to use headphones due to our insurance policy

This Year's Runners are...

1	Mark	Ackland-Snow
2	Katie	Ackling
3	Paul	Ackling
4	Nathan	Acton
5	Mhairi	Adams
6	M	Adams
7	Shaan	Aggarwal
8	Anita	Agopian
9	Carla	Aitchison
10	Colin	Alborough
11	Heather	Alder
12	Paul	Alderton
13	Charlotte	Allen
14	Oliver	Allen
15	Uli	Althen
16	Bojan	Ambrus
17	Freddie	Ames
18	Jane	Andrews
19	Louise	Apsey
20	Heather	Ardron
21	Simon	Ardron
22	Louis	Ardron
23	Simon	Ashcroft
24	Niki	Ashcroft
25	Louisa	Atherton
26	Karen	Hirst
27	James	Atkinson
28	Alison	Attard
29	Sonia	Bagshaw
30	Leo	Bailey
31	Zac	Baker
32	Geoff	Baker
33	Nick	Baker
34	Max	Baldwin
35	Fiona	Ball
36	Stephen	Ball
37	Anna	Balogh
38	Nick	Bamford
39	Joan	Barker
40	Emily	Barnes
41	Purveen	Hira
42	Ashleigh	Barnett
43	Simon	Barrett
44	Joseph	Bartlett
45	Ian	Newman
46	Ben	Bausor
47	Alan	Baylis
48	max	baylis
49	Ko	Beadon
50	Dave	Legg
51	Damon	McCarthy
52	Jonathan	Beecham
53	Sasan	Behjat
54	Catherine	Bell

55	Iain	Whiteford
56	Owen	Benneyworth
57	Simon	Bennison
58	Martyn	Billers
59	Mark	Bilsborough
60	Paul	Carter
61	Emma	Blake
62	Steve	Bland
63	Simon	Blay
64	Kevin	Blazer
65	Vikki	Roberts Caiger
66	Chris	Boardman
67	Jutta	Boehmer
68	Lee	Boehmer
69	Oliver	Fisher
70	Dean	Roberts Caiger
71	Terry	Bonnett
72	Jane	Borham
73	Steven	Borham
74	Chloe	Bovis
75	Ali	Bovis
76	Nicola	Bowyer
77	Eloise	Bowyer
78	Justin	Bowyer
79	Clare	Bracken
80	Toby	Bradley
81	Sam	Bradley
82	Miranda Harriet	Bradshaw
83	Matt	Brancaccio
84	Abby	Brasier
85	Sam	Brewer
86	Michael	Briggs
87	Sarah	Britton
88	Mark	Britton
89	Cathy	Brokenshire
90	Ellie	Brooker
91	Rebecca	Brooks
92	Kevin	Brooks
93	Chloe	Brown
94	Dawn	Brown
95	Louise	Brown
96	Rachel	Bryant
97	Piotr	Brzezianski
98	Andrew	Buckley
99	Helen	Buckley
100	Kat	Bull
101	Grant	Wilson
102	Rachael	Burns
103	Dylan	Butcher
104	Kati	Butler
105	Letitia	Callinan
106	Nina	Cardrick
107	Fiona	Carpenter
108	Neil	Carrott
109	Lennon	Carter
110	Nigel	Carter
111	David	Blackburne

112	Lee	Carter
113	Toby	Catlin
114	Tatum	Celliers
115	Tom	Chapple
116	Louise	Charles
117	Stu	Christie
118	Tom	Chute
119	Karin	Clark
120	Janine	Clark
121	Simon	Clark
122	Anna	Clarke
123	Nicole	Clarke
124	Steve	Clarke
125	Zac	Clay
126	Helen	Clewer
127	Tony	Clish
128	Magaret	Coetzer
129	Frankie	Cohen
130	Joanne	Colby
131	Daniel	Coleman
132	Jill	Collett
133	Jamie	Collett
134	Daniel	Collins
135	Glen	Collins
136	Thomas	Colville
137	Andy	Colville
138	Jack	Comerford
139	John	Conneely
140	Deborah	Conneely
141	Simon	Connolly
142	Gary	Cook
143	David	Cookson
144	Joanna	Copperthwaite
145	Jon	Corby
146	Thomas	Cornick
147	Joseph	Cortvriend
148	Katharine	Cottee
149	Simon	Cottee
150	Timmy	Coulling
151	Emma	Coulter
152	Chloe	Coventry
153	Martin	Cowie
154	Lottie	Cox
155	Mark	Cox
156	Matthew	Cox
157	Ian	Cox
158	Sarah	Coy
159	Michael	Coy
160	Colin	Coy
161	Mark	Crabtree
162	James	Cragg
163	Royston	Crandley
164	Glynis	Crane-Lees
165	Christopher	Crane-Lees
166	Dean	Crann
167	Darren	Crawshaw
168	Robyn	Crawshaw

169	Shanice	Cray
170	Jo	Croft
171	Mark	Croll
172	Jason	Cross
173	Joanna	Zarnoch
174	Hannah	Crossley
175	Martyn	Crossley
176	Tom	Crossley
177	Krestina	Cummings
178	Tim	Cunliffe
179	Suzanne	Curtis
180	Lee	Curtis
181	Stephen	Curtis-Powell
182	Fiona	Dacey
183	Samantha	Daines
184	Neal	Daines
185	James	Dalton
186	James	Daly
187	Louise	Dance
188	Gillian	Davies
189	James	Davies
190	Sarah	Davison
191	Nicola	Dawson
192	Adam	Day
193	Liam	Day
194	Denise	De Groot
195	Dylan	De Groot
196	Chris	Demer
197	Andrew	Dennis
198	Jo	Denoris
199	Natalie	Dent
200	Millie	Murphy
201	Zoe	Desousa
202	Jamie	Devlin
203	Jaky	Dexter
204	Nathan	Dhillon
205	Eleanor	Diack
206	Stuart	Diack
207	Harrison	Diack
208	Inka	Dieckmann
209	Charlie	Ditchburn
210	Manmeet	Doad
211	Kerry	Doe
212	Matthew	Doherty
213	Jason	Dollery
214	Charles	Donald
215	John	Quinn
216	Clair	Doncaster
217	Phill	Dopson
218	Ashleigh	Doran
219	Symon	Dovey
220	Harry	Downham
221	Ashleigh	Downie
222	lilia	Downs
223	Alex	Doyle
224	Martin	Druce
225	Fraser	Duncan

226	Lyle	Duncan
227	Kathryn	Dunham
228	Stephen	Dunham
229	Will	Dunlop
230	Ellie	Eagle
231	Callum	Eagle
232	Liam	Eagle
233	Josh	Ede
234	Gary	Edgar
235	Alice	Edwards
236	Cliffy	Edwards
237	Morgan	Edwards
238	Ben	Edwards
239	Hugh	Elkington
240	Edward	Elms
241	James	Elsender
242	Kelly	Emerson
243	Daniel	Emerson
244	Paul	Emery
245	Eloise	Enon
246	Ben	Enright
247	Nicola	Evans
248	Georgia	Evans
249	Matthew	Evans
250	Ian	Everett
251	Julia	Eyles
252	Helen	Fairman
253	Michala	Falk
254	Igor	Farago
255	Tim	Farley
256	Natasha	Farr
257	Elayne	Faubel
258	Alan	Faubel
259	Stephen Keith	Fazakerley
260	Max	Fellows Yates
261	Rebeca	Fenoy-Anthony
262	Simon	Field
263	Jodie	Finch
264	Loma	Finch
265	Cindy	Fincham
266	Kemron	Boldeau
267	Louise	Flisher
268	Elaine	Fogarty
269	Lewis	Fogarty
270	Sarah	Forde
271	Stephen	Forster
272	Rob	Foster
273	Cat	Foster
274	karen	Foulser
275	Lucy	Fowler
276	Michelle	Fox
277	Christopher	Foxon
278	Ethan	Foy
279	Rashael	Franklin
280	Alastair	Franklin
281	James	Franklin
282	Robert	Franklin

283	Fiona	Fraser
284	Lucia	Frigo
285	Michelle	Fry
286	Loretta	Furniss
287	Christopher	Galvin
288	Bailey	Gandolfi
289	Jack	Gardiner
290	Josh	Gardner
291	Tim	Gardner
292	Caroline	Garfoot
293	Rob	Garfoot
294	Shelley	Garner
295	Sue	Gatenby
296	Sarah	Gatenby
297	Josh	Gatenby
298	Joe	Gater
299	Lauren	Georghiou
300	Charysse	Gibbs
301	katie	Gilder
302	James	Gilder
303	Nicola	Gillard
304	Christie	Gillatt
305	Peter	Gillett
306	Anna	Gimigliano
307	Polly	Gladwell
308	Helen	Glenister
309	Jake	Goddard
310	David	Gold
311	Richard	Goodhead
312	Thomas	Goodman
313	Sam	Goss
314	Sophie	Gough
315	Emily	Grace
316	Jeff	Graham
317	Clare	Greaney
318	Sam	Green
319	Tim	Greenwood
320	Tim	Grenham
321	Mike	Grenham
322	Jenny	Griggs
323	Barry	Griggs
324	Max	Griggs
325	Ellie	Grove
326	Johannie	Gungadoo
327	Bhuvan	Gupta
328	Joey	Gurney
329	Deb	Gurung
330	Jake	Guthrie
331	Zoe	Haddow
332	Richard	Haines
333	Anna	Hall
334	John	Hallett
335	Aggie	Halley
336	Alex	Halls
337	Max	Hamblyn
338	Georgia	Hamer
339	Sam	Hamer

340	Lilly	Hamlin
341	Owen	Hannis
342	sinead	Hanson
343	Tim	Hanson
344	Richard	Hanson
345	Beverley	Harbor
346	Jamie	Harding
347	Eddie	Harford
348	Kevin	Harkus
349	Jake	Harley
350	Helen	Harper
351	Greg	Harradence
352	Ava	Harris
353	Paul	Harris
354	Luke	Harris
355	Steve	Harris
356	Karen	Harrison
357	Rhonda	Harrower
358	Robert	Hart
359	Andrew	Hartnell
360	Melanie	Harvey
361	Andrew	Harvey
362	Gareth	Hastings
363	Rebecca	Hawley
364	Jamie	Hayes
365	Megan	Haywood
366	Gill	Hearn
367	Emily	Heath
368	Iain	Heath
369	Jakub	Heichman
370	Stephanie	Herbert
371	Jedd	Herring
372	Jordan	Hewitt
373	Lucy	Higgins
374	Jamie	Higgins
375	Rachel	Hill
376	Lewis	Hill
377	Barry	Hiller
378	Guy	Barnes
379	Ian	Atkins
380	Graham	Hitchman
381	Jason	Hobbs
382	Nora	Hoeltzenbein
383	James	Hole
384	Richard	Holgate
385	Alex	Hollings
386	Laurence	Holmes
387	Luke	Holt
388	Kevin	Home
389	Joe	Hones
390	Laura	Hopkins
391	Chris	Hornby
392	Elizabeth	Houghton
393	Roger	Houghton
394	Tiffany	Houten
395	Helen	Howard
396	Ollie	Howe

397	Karen	Howick
398	Lauren	Hubbard
399	Stephanie	Huck
400	Rob	Hudson
401	Rob	Hughes
402	Jack	Hughes
403	Tom	Hughes-Parry
404	Matthew	Humphrey
405	Lucy	Humphreys
406	Tsz Wo	Hung
407	Naomi	Hunt
408	Kayleigh	Hunt
409	Jackie	Hutchings
410	Matthew	Hutchings
411	Jessica	Hutchinson
412	Faye	Huxley
413	Cindy	Ingles
414	Brian	Inglis
415	Amani	Ismail
416	Richard	Jacklin
417	Rebecca	Jackson
418	Sally	Jackson
419	Daniel	Jackson
420	Alison	Jaeger
421	Donna	James
422	Nancy	James
423	Dom	James
424	Adrian	Jeffery
425	Neal	Jeffer
426	Rafa	Jimenez
427	Dilwyn	Jones
428	Stuart	Jones
429	Liam	Jones
430	David	Jones
431	Damien	Joyce
432	Vicki	Judd
433	Ethan	Jung
434	Artur	Kaczmarski
435	Bjorn	Karlman
436	Zoltan	Karpathy
437	Angela	Kaye
438	David	Kaye
439	Gina	Keech
440	Peter	keegan
441	stephen	kelleher
442	Stuart	Kelly
443	Tom	Kelly
444	David	Kelly
445	Ann Marie	Kennedy
446	Dickie	Kentish
447	Dani	Kerby
448	Stuart	Kerr
449	Elise	Kesken
450	Jon	Kew
451	James	Kiddie
452	Glenn	Kilby
453	Peter	Kimble

454	James	King
455	John	King
456	Michael	Kirkwood
457	Joyce	Kirrane
458	Nick	Kluger
459	Kelly	Knight
460	Leigh	Knight
461	Adam	Kohtz
462	Glen	Krarup
463	Sean	Kulan
464	Aga	Kumar
465	Sara	Lane
466	Corinne	Langlois
467	Laura	Lapish
468	Andries	Lategan
469	Alexandra	Lau
470	Paula	Lavender
471	Michael	Layer
472	Sallyann	Lea
473	Ashton	Ledger
474	a	lediju
475	Sara	Lee
476	Jenn	Lee
477	Peter	Lee
478	Al	Lee
479	Suzie	Leeson
480	Emily	Legg
481	Rachel	Beasley
482	Christie	Leisegang
483	Mark	Lennon
484	Perry	Lewington
485	Matthew	Lewington
486	Lucy	Lewis
487	Elaine	Lewis
488	Amy	Lewis
489	Tim	Lewis
490	Nic	Lewis
491	Tony	Lewis
492	Craig	Lidstone
493	Jane	Light
494	Sarah	Little
495	Bernice	Littleboy
496	Heather	Loach
497	Neil	Loffhagen
498	Jonathan Richard	Long
499	Emma	Longley
500	Scott	Lovering
501	Jack	Low
502	Ruby	Lowe
503	Simon	Lowe
504	Matthew	Lowe
505	Josefina	Lozano
506	Tabitha	Ludeman
507	Chris	Lunn
508	Gillian	Lynam
509	Tim	Lynam
510	Gabrielle	Lyons

511	Carly	Macey
512	Adam	Macey
513	Dan	Mackenzie
514	Sampath	Maddula
515	Leo	Mahoney
516	iain	Malins
517	Matthew	Malins
518	Levi	Malone
519	Aiden	Mangan
520	Stuart	Mangan
521	Holly	Manning
522	Emma	Marotto
523	Charlotte	Marriott
524	Gillian	Marshall
525	Anna	Marshall
526	Dexter	Marshall
527	Guy	Marshall
528	Laura	Marshall
529	Clare	Marten
530	Chris	Marten
531	Amy	Martin
532	Phil	Mason
533	Trevor	Mathers
534	Paul	Mattingly
535	Maxine	Maurissen
536	nicola	maxwell
537	Trudie	May
538	Sian	McBride
539	Andrew	Beaumont
540	Gina	McCarvill Williamson
541	Sarah	McCune
542	Robert	Mcdonagh
543	Chris	McDonagh
544	Jaqui	McGee
545	Henry	McLean
546	Karyn	Mcaughton
547	Kieran	McQuade
548	Natalie	Mead
549	John	Mead
550	Philip	Mellor
551	Dan	Middleditch
552	Natasha	Middleditch
553	Shira	Middleton
554	Stephen	Middleton
555	Keren	Milanovic
556	Adrian	Millerick
557	Teresa	Milroy
558	Emma	Mitchell
559	Rachel	Moffat
560	William	Moffat
561	Derya	Mola
562	Emly	Moloney
563	Andy	Moorcroft
564	Bernie	Moran
565	Mike	Morgan
566	Melloney	Morris
567	James	Morris

568	Aaron	Morrison
569	Jen	Moscardini
570	Lauren	Mosley
571	Raymond	Mouzon
572	Kevin	Mowat
573	Joseph	Mullen
574	Matthew	Munden
575	Michael	Derrig
576	Laura	Nagi
577	Lisa	Naji
578	Jasper	Naylor
579	Gayle	Nebbett
580	Liezel	Nel
581	Catherine	Nell
582	Theo	Nesfield
583	Laura	Newey
584	Caitlin	Bausor
585	Stuart	Newport
586	Michelle	Newson
587	stephanie	newton
588	matthew	newton
589	Jasmine	Nightingale
590	Jemma	Nightingale
591	Jonatan	Nikolic
592	Maggie	Nock
593	Amber	Noone
594	Jess	Nootenboom
595	Chelsea	Norman
596	Joshua	Norman
597	David	Norton
598	Sue	Norwell
599	Lisa	Nott
600	Jasmin	Nott
601	Rachel	Nowacki
602	Sean	Nutley
603	Carina	O'Keefe
604	Liam	O'Keefe
605	Aaron	O'Mahony
606	Judith	Oak
607	Erin	Oakes
608	Matthew	O'Brien
609	Navin	Odedra
610	Andrew	O'Harro
611	Aileen	Ohlson
612	Karen	Oliver-Payne
613	Rob	Ord
614	Liz	Owen
615	Wayne	Owen
616	Brian	Oxnard
617	Adam	Paddick
618	Nikki	Page
619	Vincent	Paliczks
620	Claire	Palmer
621	Lucy	Parker
622	Toby	Parker
623	Daniel	Parker
624	Rachel	Parker

625	James	Parker
626	Hayley	Parnell
627	Mark	Parnell
628	Simon	Pass
629	Kate	Paton
630	Craig	Patrick
631	Mabel	Pattison
632	Maarten	Paying
633	Holly	Pearce
634	Alex	Pedersen
635	Pam	Peers
636	Laura	Perkins
637	stewart	peters
638	Liam	Peters
639	Rachel	Phillips
640	Darren	Phillips
641	Alan	Phillips
642	Marc	Phillips
643	Harlie	Philpott
644	Eric	Pilmoor
645	Gavin	Pitt
646	Andy	Pitts
647	Josh	Pizzey
648	Kathryn	Plummer
649	Stephanie	Plunkett
650	Ettore	Poggi
651	Ryan	Poggi
652	Caroline	Pointer
653	Matthew	Poll
654	Declan	Pollard
655	Anthony	Porter
656	Charlie	Porterfield
657	Grace	Povey
658	Matt	Powell
659	Matthew	Preedy
660	Nicola	Prendergast
661	Richard	Putland
662	Vernon	Quaddy
663	Anita	Quinn
664	Michelle	Quinn
665	Anne	Quinn
666	Phil	Donathy
667	Steve	Rabjohns
668	Angelique	Rademeyer
669	Gareth	Rademeyer
670	Julian	Rainford
671	Vanes	Rajendran
672	Kevin	Rama
673	Guy	Ramsay
674	Sheona	Ranson
675	Harvey	Ray
676	Katie	Reading
677	Timothy	Redmayne
678	Caroline	Reed
679	Ben	Rees-Davies
680	Claire	Reeves
681	Conor	Reeves

682	David	Reeves
683	Interior3	Resolutions3
684	Sam	Reynolds
685	Lizzie	Rich
686	Alan	Richard
687	Martin	Richardson
688	Sarah	Richmond-DeVoy
689	Catherine	Rider
690	Daniel	Rider
691	Emily	Ridgway-Manson
692	Ceinwen	Ridout
693	Helen	Rimmer
694	Emma	Rixon
695	Sam	Roberts
696	Ross	Roberts
697	Oliver	Roberts
698	Tommy	Roberts
699	Maddie	Boardman
700	Clive	Bolto
701	Rachel	Robinson
702	Danny	Robinson
703	Joe	Roffey
704	Doug	Rolland
705	Oliver	Ross
706	Ella	Rowley
707	Adrian	Ruddock
708	Steve	Rushin
709	Rebecca	Ryan
710	Ross	Sarginson
711	Rik	Sarin
712	Sharon	Saunders
713	Adam	Saunders
714	Joe	Schenkel
715	Chrissy	Scoltock
716	James	Scoltock
717	sophie	Scott
718	Kaleigh	Scott
719	George	Scott
720	Raphael	Scott
721	Don	Scott
722	Paul	Scott
723	Joseph	Sculley
724	Jon	Sebbage
725	Neha	Sharma
726	Tarun	Sharma
727	Nick	Sharp
728	Hannah	Shaw
729	Joanne	Shenton
730	Charlotte	Shepherd
731	Jessica	Sheppard
732	Clare	Sheppard
733	Jack	Sherratt
734	Caroline	Shinn bailey
735	Kevin	Shirley
736	Greg	Shrimpton
737	Paul	Sibley
738	Matthew	Simmons

739	Carol	Sinclair
740	Jared	Sinclair
741	Aidan	Sinclair
742	Marija	Skobe-Pilley
743	Sam	Slade
744	Lee	Slatter
745	Brenda	Slaughter
746	Michelle	Slaughter
747	Darren	Slaughter
748	Alexis	Smith
749	Lisa	Smith
750	Chay	Smith
751	Barnaby	Smith
752	Joe	Smith
753	Darren	Smith
754	Rick	Smith
755	Phil	Smyth
756	Alise	Sneibaha
757	Michael	Snow
758	Becky	Soroko
759	Belinda	south
760	Stefan	Sparkes
761	Caroline	Speed
762	Chris	Speed
763	Tracy	Spittle
764	Millie	Spratt
765	Rebecca	Stacey
766	Alan	Stacey
767	Miriam	Stallard
768	Corrine	Stamp
769	Sophie	Staples
770	Andrew	Stay
771	Kerry	Stephens
772	Richard	Stephenson
773	Luke	Stevens
774	Christopher Robert	Stoddart
775	Stephanie	Strachan
776	Alastair	Strachan
777	Melissa	Stubbs
778	Neven	Suri
779	Aimee	Sutherland
780	Jack	Sutton
781	John	Sutton
782	Claire	Swain
783	Ed	Swain
784	Nick	Sweetman
785	nick	szczurowski
786	Paul	Tallant
787	Steve	Tanner
788	Monika	Taplin
789	Derron	Taplin
790	Daniel	Tapper
791	Jono	Taylor
792	Philip	Taylor
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795	Louise	Thomas

796	Lydia	Thomas
797	Subashini	Thomas
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801	Annie	Thompson
802	Helen	Thompson
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807	Jo	Thornton
808	Martin	Thundercliffe
809	Helen	Tomlin
810	James	Tomlin
811	Lou	Topple
812	Roy	Tucker
813	Kate	Tunley
814	Louise	Turley
815	Adam	Turnbull
816	Stephen	Turner
817	Tom	Tweddell
818	Hannah	Twiname
819	Ryan	Twiname
820	Victoria	Udell
821	Kim	Upton
822	Joel	Valentin
823	Leo	Valentin
824	Daryl	Valenzuela
825	Phillip	Van Der Merwe
826	Tahlia	Van Zanten
827	Ryan	Van Zanten
828	Bernadett	Vegh
829	Suzanne	Veitch
830	David	Vowell
831	Jake	Vowell
832	Hayley	Waite
833	Neil	Walker
834	Peter	Walker
835	Philip	Wallace
836	Sue	Walsh
837	Julia	Walsh
838	Ken	Walsh
839	Conor	Walsh
840	Katherine	Walters
841	Linda	Walton
842	Jodie	Ward
843	Joel	Wareing
844	Paul	Warrington
845	Laura	Watkins
846	Joanne	Watter
847	Shaun	Watson
848	David	Wayne

849	Suzanne	Webb
850	Ralph	Weeks
851	Gary	Wells
852	Emma	Westbrook
853	Paul	Westwell
854	Alison	Wetherall
855	Chris	Wetherall
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864	Jason	Wicks
865	Ross	Wildman
866	Claire	Williams
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868	Derek	Williamson
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871	Charlotte	Willoughby
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874	Will	Wilson
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887	Richard	Woodhall
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891	Mick	Worsfold
892	Alex	Wraight
893	Mark	Wren
894	Holly	Wright
895	Jane	Wright
896	Michael	Wyndham
897	Lorraine	Yorke
898	Samuel	Young
899	Francesca	Crossland
900	Amanda	Downs

GOOD LUCK!

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Binfield Cricket Club	Car Park
Binfield Surgery	Car Park
BUPA	Car park
MAR Services	Car Park
Kings Academy Binfield	Car Park
Total Tyres	Car Park
Newbold Church	Car Park & Mini Bus
Binfield Parish Office Team	Facilities
Binfield CE Primary School (VA)	Facilities
Rock Choir	Entertainment
Friends of Binfield School (FOBS)	Gazebos & Field
Matt Munden	Binfield Primary Site Controller
Binfield Environment Group	Litter Pick
Lee Dalton	Lead Cyclist
Rich Bartlam	Lead Car Driver
Mick Edwards	Minibus Driver
James Foster	MC
Marcus Carpenter & Andy Moores	Support MC & PA System
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Rogue Racers (Ness & team)	Race Systems and Equipment
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1st Binfield Scouts
4th Binfield Guides
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Water Station
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runners/joggers/walkers

We hope everyone has a great race!

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Wishing everyone a great 10k and
see you later at the Victoria Arms!

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